

POZDRAVLJENI. 😊

Počitnice so hitro minile in upam, da ste bili aktivni in veliko v naravi.

Danes bomo še enkrat ponovili vseee koregrafije. Pripravi plastenko vode. Vmes počivaj, če moraš, vendar naj bodo pavze kratke.



1. OGREVANJE:

<https://www.youtube.com/watch?v=FP0wgVhUC9w>

Minion song zumba stile



2. PLEEEES:

https://www.youtube.com/watch?v=u3D-DgVfrQM&list=RDU3D-DgVfrQM&start_radio=1 – Ola, ola

<https://www.youtube.com/watch?v=6dz0RqbcVnc> – Azukita

https://www.youtube.com/watch?v=Kl1SC4-tH-8&list=RDKl1SC4-tH-8&start_radio=1 – Huda ura Rock našiga

https://www.youtube.com/watch?v=_wOPMsazt8U – Footloose

<https://www.youtube.com/watch?v=XwUfSSfktWM> – Con calma

<https://www.youtube.com/watch?v=60PB-QguwiM> – Dura

<https://www.youtube.com/watch?v=KufSEYC-fxo> - Go gyal

<https://www.youtube.com/watch?v=6UHUD9c5AKg> – Limbo



Sami pa izberite vsaj 5 vaj za **RAZTEZANJE**. In ne pozabite spiti veliko vode.

BILI STE ODLIČNI!!